

## Week one menu

	Monday	Tuesday	Wednesday	Thursday	Meat free Friday
Breakfasts	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast
Mid-morning Snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Lunch	Beef cobbler New potatoes Sweetcorn  Melon	Roast chicken, roast potatoes Peas & sweetcorn  Frozen yoghurt	Fish cakes, croquette potatoes & peas  Madeline sponge & custard	Beef meatballs mashed potatoes Carrots & peas  Cheese & grapes	Veg tikka masala Rice Strawberry & pear in jelly
Mid-afternoon snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Tea	Pizza fingers Cucumber slices  Apricots & mango	Bagels dairylea, grated cheese Vegetable sticks Scones with jam	Cheese & ham puffs Baked beans Fruit cocktail	Jackets with grated cheese Mixed salad Rocky roads	Tomato & basil pasta Grated cheese Gingerbread cookies
A.S.C.	As above	Roast chicken etc.	Fish cakes	Meatballs	As above with garlic bread

**Starts 18/04, 16/05, 13/06, 11/07, 08/08, 05/09, 03/10**

## Week two menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfasts	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast
Mid-morning Snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Lunch	Fish, chips & peas Lemon shortbread	Minced beef hotpot Cauliflower, carrots Fromage frais	Roast beef r.potatoes Broccoli & sweetcorn Peaches & custard	Chicken & veg pie Potatoes & cabbage Yoghurt	3 beans veg chilli Rice Grated cheese Mandarins & pears
Mid-afternoon snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Tea	Tomato pasta Grated cheese Pear, peach & pineapple	Hot dogs Lettuce & tomato Crispy cakes	Sausage rolls & hoops Fruit salad	Sandwich tea Tuna/sweetcorn Pepper cucumber batons Fairy cakes	Pizza wheels Grated carrot Ice cream cornets
A.S.C.	Fish, chips & peas	As above with wedges	R.beef etc	Chicken & veg pie	As above with wedges

Starts 25/04, 23/05, 20/06, 18/07, 15/08, 12/09, 10/10

## Week three menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfasts	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast
Mid-morning Snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Lunch	Beef lasagne Garlic bread Peaches & custard	Sausages, mash Baked beans Semolina & fruit puree	Steak pie, new potatoes Mixed vegetables Ice cream	Roast pork, roast potatoes Carrots, cauliflower Bananas & custard	Vegetable korma & rice Apple & raspberry crumble Custard
Mid-afternoon snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Tea	Croissants soft cheese Ham/chicken slices Cucumber sticks Date slice	Cheese scones, houmous, carrot & cucumber sticks Melon & strawberries	Fish cakes carrot & pepper batons Apricot flapjack	Chicken goujons & Mixed salad Raspberry sponge	Macaroni cheese Rolls Ice cream
A.S.C.	Beef lasagne	Sausage, mash, beans	Steak pie	Roast pork	As above

Starts 02/05, 30/05, 27/06, 25/07, 22/08, 19/09, 17/10



## Week four menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfasts	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast	Cereals, toast
Mid-morning Snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Lunch	Sweet & sour pork Rice Pears & chocolate sauce	Ham, salad new potatoes Pineapple upside down cake	Chicken arrabiata, penne pasta Sweetcorn Rice pudding & sultanas	Savoury mince, boiled potatoes Peas Frozen yoghurt	Veggie sausage & bean casserole Broccoli & cauliflower Fruit salad
Mid-afternoon snack	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl
Tea	Fish fingers & baked beans Fruit loaf	Sandwich tea Egg/cheese Cucumber slices Lemon curd tarts	Tomato pasta Garlic bread & grated cheese Raspberry mousse	Pizza Mixed salad Mandarins in jelly	Jackets with baked beans Grated cheese Lemon sponge
A.S.C.	As above with chips	Ham salad, & new potatoes	As above	As above with wedges	As above

Starts 09/05, 06/06, 04/07, 01/08, 29/08, 26/09, 24/10