

Food Safety and Nutrition

5.5 Allergies and food intolerance

When a child starts at the setting, parents are asked if their child has any known allergies or food intolerance. This information is recorded on the registration form.

If a child has an allergy or food intolerance, we

- Identify the risk and a care plan is completed
- Use control measures, to prevent contact with the allergen, using coloured plates and individual placemats.
- Inform the kitchen and labels are printed for each child.

Health care plan form

A health care plan will be completed with:

- the nature of the reaction e.g., anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
- managing allergic reactions, medication used and method (e.g., EpiPen)
- The child's name is added to the Dietary Requirements list.
- A copy of the health care plan is kept in the office and is shared with staff in the current room.
- No nuts or nut products are used within the setting.
- Parents are made aware, so that no nut or nut products are accidentally brought in.

Oral Medication

- Oral medication must be prescribed or have manufacturer's instructions written on them.
- Staff must be provided with clear written instructions for administering such medication.
- All procedures are adhered to for the correct storage and administration of the medication.
- The setting must have the parents' prior written consent. Consent is kept on file.

For other life-saving medication and invasive treatments please refer to Administration of medicine.