**Chicken curry**

Quantity for 4 – 6 servings

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| Ingredients | Method |
| 500 g Diced chicken | Sweat onions, carrots & celery in oil |
| 2 Carrots diced | Add chicken, tomato puree & garlic  |
| 2 Onions diced | Add chopped tomatoes & curry powder |
| 2 Celery sticks diced | Add stock |
| 2 tbsp Tomato puree | Simmer gently for 30mins |
| 1 crushed garlic clove |  |
| 500 ml chicken stock |  |
| 1 tin chopped tomatoes |  |
| 4tsps mild curry powder |  |
| 1 tbsp oil |  |
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\*Serve with rice